



Our Lady of Mount Carmel is a title traditionally given to Blessed Virgin Mary, in honor of her having given the Scapular of Our Lady of Mount Carmel to Saint Simon Stock. Her feast is celebrated on July 16.

According to a pious tradition the Blessed Virgin appeared to St. Simon Stock at Cambridge, England on Sunday, July 16, 1251. In answer to his appeal for help for his oppressed order, she appeared to him with a scapular in her hand and said: "Take, beloved son, this scapular of thine order as a badge of my confraternity and for thee and all Carmelites a special sign of grace; whoever dies in this garment, will not suffer everlasting fire. It is the sign of salvation, a safeguard in dangers, a pledge of peace and of the covenant."

(Our Lady of Mt. Carmel Statue is located in the front foyer of our church.)

Prayer to Our Lady of Mount Carmel

O Most beautiful flower of Mount Carmel,
fruitful vine, splendor of Heaven,
Blessed Mother of the Son of God,
Immaculate Virgin,
assist me in this my necessity.

O Star of the Sea, help me and
show me herein You are my Mother.

O Holy Mary, Mother of God, Queen of Heaven and Earth,

I humbly beseech you from the bottom of my heart
to succor me in this necessity. There are none that can withstand Your power.

O show me herein You are my Mother.

O Mary conceived without sin, pray for us who have recourse to Thee. (3 times)

Sweet Mother, I place this cause in Your hands. (3 times)