

Programs exist to help people heal the emotional and spiritual scars of abortion. Post-Abortion Reconciliation Programs offer Forgiveness, Healing and Hope to anyone suffering from the effects of an abortion.



We care. Let us help you.

A Loving, Forgiving Church

If you or someone you know has been wounded by abortion, you are well aware that abortion is one of the most traumatic experiences a person can have.

Fear, anxiety, guilt, panic and pressure both before and after the abortion, are common and often overwhelming feelings not only for the woman who undergoes an abortion, but also for the father of the unborn child, the grandparents, close friends, even medical personnel.

For members of the Catholic faith, the pain of abortion is intensified by a sense of alienation from both God and Church. What you need to know and believe is that your Church understands and cares. Healing and reconciliation are rooted in the overpowering love of Jesus Christ and reflected in the heart of the Church's ministry. As Church, we reach out to you with compassion, concern and sacramental forgiveness.

Programs exist to help people heal the emotional and spiritual scars of abortion. Anyone wanting to take this first step can contact one of these organizations:

PROJECT RACHEL -- A post-abortion reconciliation Program offers a renewed sense of hope, a network of counselors and support programs for those suffering after an abortion. www.hopeafterabortion.org Receive free, nonjudgmental, confidential counseling by calling (716) 847-2205

<u>LUMINA</u> - Post-abortion support and healing for men and women: <u>www.postabortionhelp.org</u> or call 1-977-LUMINA-1

THE NATIONAL OFFICE OF POST-ABORTION RECONCILIATION AND HEALING (NOPARH) -A referral service for those seeking help after abortion: www.noparh.org or call 1-800-SWE-CARE

MEN AND ABORTION -- Focuses on helping men heal after abortion: www.menandabortion.info



"...the Lord has anointed me to bring good news to the suffering and afflicted. He has sent me to comfort the broken hearted."

Isaiah 61:1

Information courtesy of St. Anthony's Respect Life Committee